***Information Sheet for Face-to-Face Counselling – Covid-19 - Parents***

**Note: This is additional to our Counselling Contract**

Currently, under the government guidelines, there are a few requirements for us be to face-to-face sessions.

I will text or call you or your child at least an hour before we are due to meet, asking if either of you have any symptoms of Covid-19 or have been in proximity to anyone who has. I will need a response before we can meet. I will have had a Covid-19 test that morning.

Current BACP/Gov requirement:

28.02.2022 –Masks are now optional and the rooms are both large enough to maintain two meters. As standard hand sanitizer will be available. I will do twice weekly lateral flow tests and I will report the result in my pre-session text.

**Swan Hill:**

Please press the buzzer for Swan Hill Therapy Hub and I will let you in. Make your way up the stairs to the top of the building. I will meet you at the door.

There is water available at the top of the stairs. Please help yourself.

Please do not arrive early for your session because as I’m afraid there is nowhere to wait.

**The Roy Fletcher Centre:**

Please ring the bell to be let into the building. You will either be welcomed in and asked to take a seat in the waiting area, or I will welcome you into the building.

Please use the hand sanitiser provided.

**General:**

Please note: both rooms are up flights of stairs.

There is currently only a small waiting area for parents to wait at Swan Hill which supplies only one chair outside of the hub. However, you are free to go into Shrewsbury town and return at the end of the session. There is a waiting area at the Roy Fletcher Centre.

I will ensure my phone is on at all times in case your child wants to leave for any reason. In any emergency and contact you immediately.

If I am tested positive for Covid-19 then I will be required to share your information as part of the track-and-trace guidelines. I will share only the basic information in order for them to contact you, and explain it is GDPR protected information. I have the NHS track-and-trace app installed and active on my phone.

If any of us are advised to self-isolate, or if one of us has any symptoms of a cold, cough, respiratory issues or a raised temperature, we will postpone face to face sessions and, where if enough, will have a telephone or online session instead.

USING ART/CREATIVE METHODS. For your first time, I will supply your child with their own sketch book. These will be sanitised before being given to them and at the end and as agreed in the contract, I will keep their sketch book safe until we meet again. This keeps the drawings and the process within the counselling room. They are of course welcome to take home any drawings they create or make for someone in particular. They are also more than welcome to bring their own art supplies or anything they wish to show me.

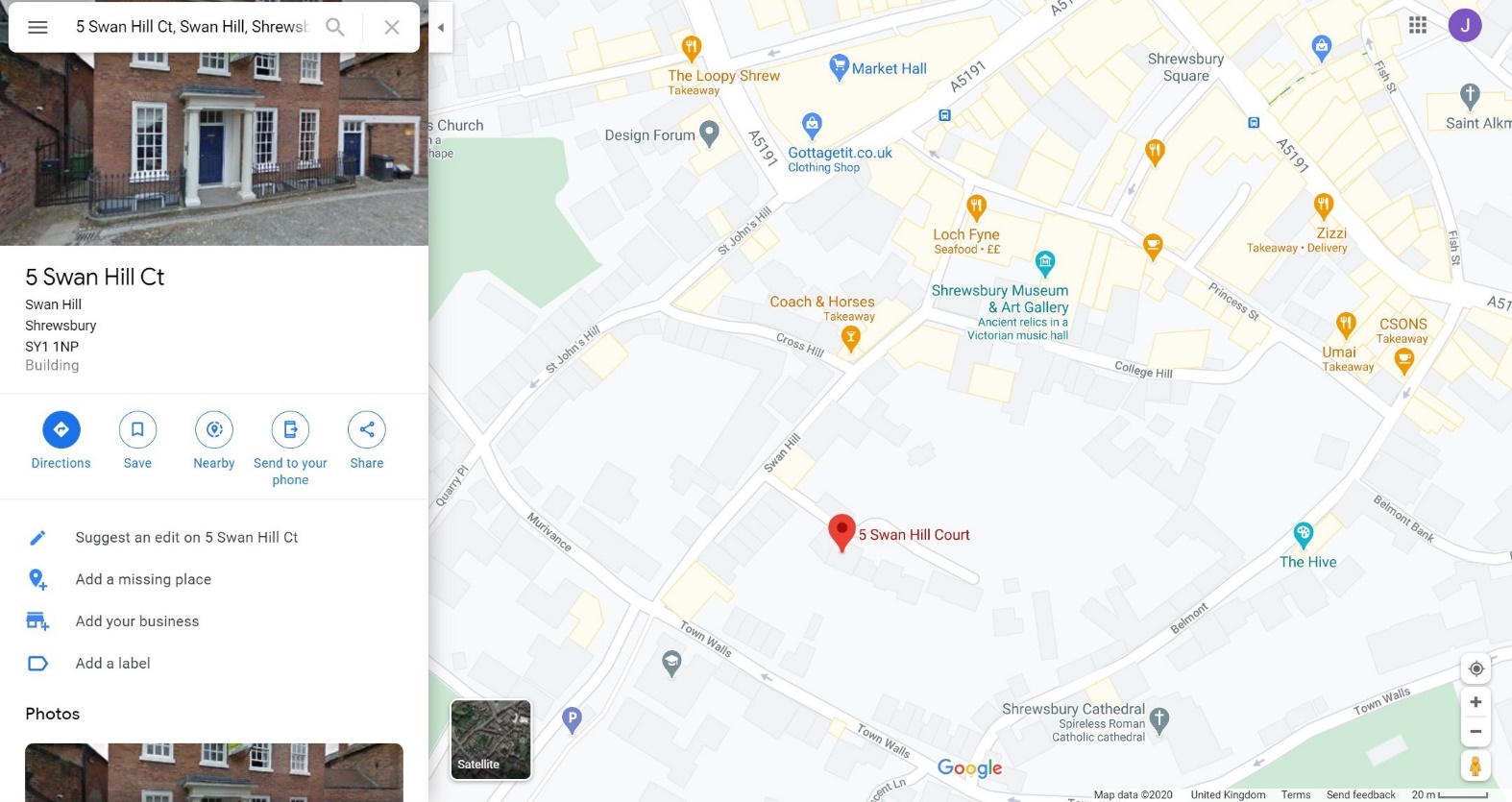
***This form is for your information. If you do not agree with any of the content or have any questions, please contact me before we meet. If I do not hear from you then this will be deemed as acceptance of the information above. I request you share this information with your Child.***

**The Rooms**

**Swan Hill Therapy Hub**

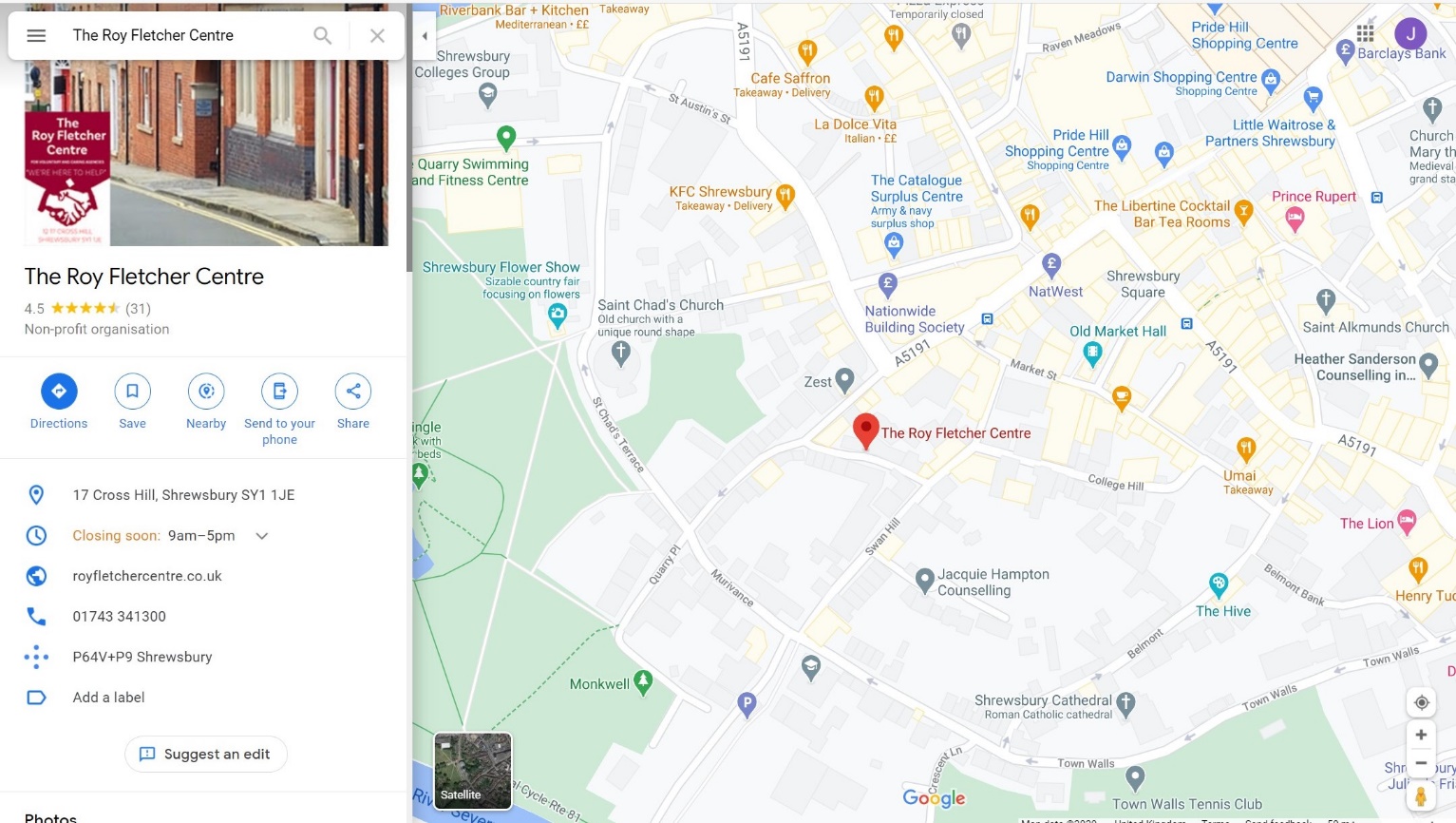
On the exterior door, press the intercom for the Therapy Hub and I will buzz you in. Follow the stairs all the way to the top and wait in the area outside of the door. I will meet you there at the agreed time.

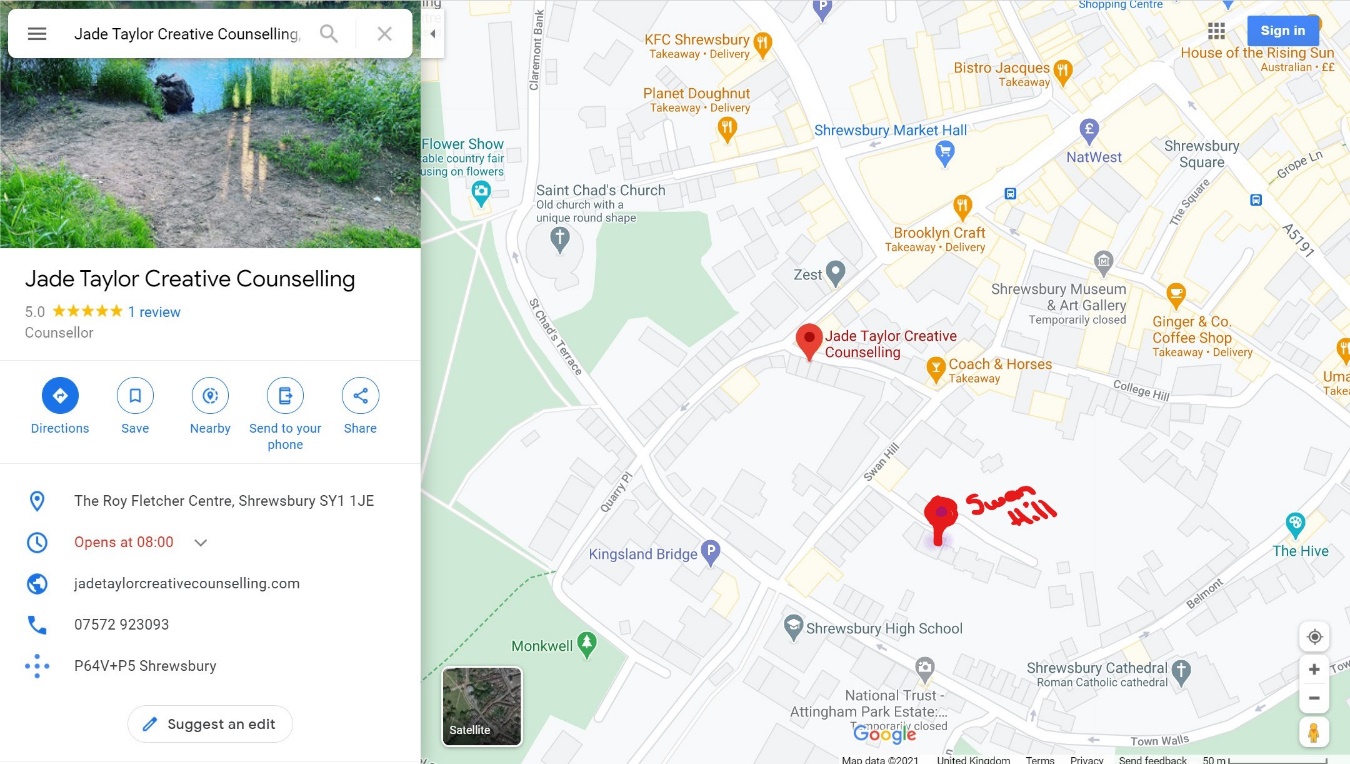
Please take your time to review the maps and plan how you intend to come to our session.



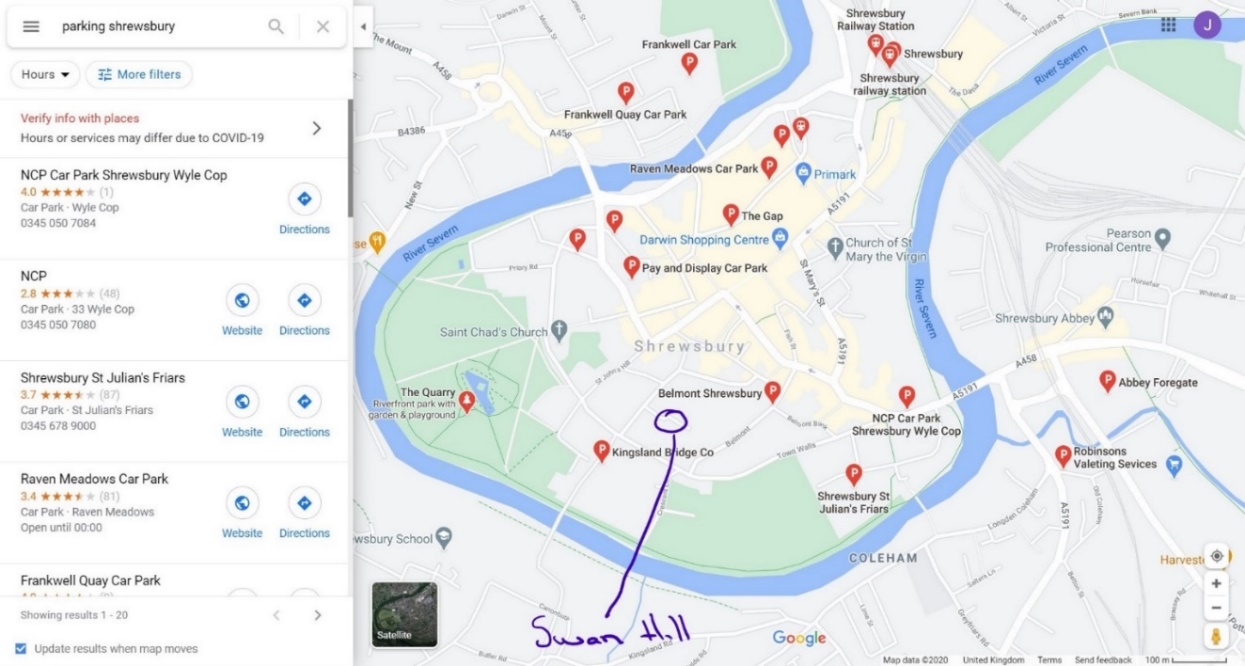
**The Roy Fletcher Centre:**

Ring the bell or come into the building and take a seat in the waiting area for me to come and greet you.





**PARKING**: I’m afraid there is no parking at either locations. There are nearby car parks. See below.





**By foot**

The quickest route is to park at the Kingsland Bridge and walk to the room. Otherwise, you can come via Lock Fyne, past the Coach and Horses and the room is down the lane to your left. Or via the town walls, or St Johns Street. Take your time to familiarise with the maps provided.

